

Trabuco Hills Distance Carnival

(Friday Night) 2018

TRACK EVENTS

#	Event	Level	# Heats	Time
101	Girls 3200	FS	1	3:30pm
102	Girls 3200	VAR	1	3:45pm
103	Boys 3200	FS	2	4:00pm
104	Boys 3200	VAR	2	4:30pm
105	Girls 800	FS	5	4:55pm
106	Girls 800	VAR	4	5:10pm
107	Boys 800	FS	6	5:30pm
108	Boys 800	VAR	5	5:55pm
109	Girls 1600	FS	7	6:15pm
110	Girls 1600	VAR	6	7:05pm
111	Boys 1600	FS	10	7:50pm
112	Boys 1600	VAR	9	9:00pm

Trabuco Hills Invitational (Saturday) 2017

#	Event	Level	Heats	Time
1	Girls 3200	Invite	1	8:00am
2	Boys 3200	Invite	1	8:14
3	Girls 100 Hurdles	FS	5	8:30
4	Girls 100 Hurdles	VAR	6	8:42
5	Boys 110 Hurdles	FS	4	8:57
6	Boys 110 Hurdles	VAR	7	9:07
7	Girls 4x100 Relay	FS	2	9:32
8	Girls 4x100 Relay	VAR	2	9:37
9	Boys 4x100 Relay	FS	2	9:42
10	Boys 4x100 Relay	VAR	3	9:47
11	Girls 1600	Invite	1	10:00
12	Boys 1600	Invite	1	10:07
13	Girls 800 Sprint Medley	FS	1	10:15
14	Boys 800 Sprint Medley	FS	1	10:18
15	Girls 100	FS	11	10:25
16	Girls 100	VAR	10	10:50
17	Boys 100	FS	9	11:10
18	Boys 100	VAR	13	11:30
19	Girls 800	Invite	1	12:00pm
20	Boys 800	Invite	1	12:04
21	Girls 400	FS	6	12:08
22	Girls 400	VAR	6	12:26
23	Boys 400	FS	6	12:44
24	Boys 400	VAR	9	1:02
25	Girls 4x200	FS	1	1:35
26	Girls 4x200	VAR	1	1:39
27	Boys 4x200	FS	2	1:43
28	Boys 4x200	VAR	2	1:50
29	Girls 300 Hurdles	FS	6	2:00
30	Girls 300 Hurdles	VAR	6	2:18
31	Boys 300 Hurdles	FS	5	2:40
32	Boys 300 Hurdles	VAR	8	2:55
33	Girls 200	FS	9	3:25
34	Girls 200	VAR	10	3:55
35	Boys 200	FS	8	4:10
36	Boys 200	VAR	12	4:18
37	Girls 4x400	FS	1	4:48
38	Girls 4x400	VAR	1	4:53
39	Boys 4x400	FS	2	5:00
40	Boys 4x400	VAR	2	5:10